

# Sports Science Lead

## Organisation

Ebbsfleet United

## Salary

Competitive

## Location

Northfleet , Kent

## Contract type

Permanent (Full time)

## Closing date

4 May 2025

## Job Description

DEPARTMENT: Sports Science

REPORTS TO: Head of Performance

EUFC are recruiting a Sports Science and Strength & Conditioning Lead

### Key responsibilities (KPIs)

- Lead the Strength & Conditioning programme with management and take accountability for design, planning and implementation of return-to-play, loading, nutrition, pre-season conditioning and rehabilitation processes.
- Lead on all testing data collection/analysis including:
  - Execution and monitoring of physical-attribute testing procedures, data collection and analysis, including player reviews and relevant interventions.
- Provide GPS support and support coaching staff in football session planning and lead on the physiological training games programme, monitoring external/internal/psycho-social training load.
- Provide objective field-based performance markers to support players
- Matchday support including athletic movement preparation, load monitoring, pre-match, in-game and post-match nutrition.
- Ensure Sports Science services are consistently operating at best-practice standards, providing a high level of support at all times.
- Maintain the professional standards of the Sports Science department at all

times. Support the Sports Science department with all other relevant departmental duties.

- Manage and be accountable in maintaining sports science/strength & conditioning equipment and consumables.

### **Essential skills**

- Hold at least a BSc in Sports Science (or another relevant discipline) from a recognised university
- Hold a current Basic First Aid for Sport Qualification (or equivalent/higher)
- Previous experience within a professional sports environment
- Previous experience of long-term athlete development

### **Desirable skills**

- Post-graduate qualification in related subject (S&C/Sports Science)
- Hold BASES, CSCS and UKSCA accreditation or a willingness to obtain within six months

### **How to apply**

Please email [careers@eufc.co.uk](mailto:careers@eufc.co.uk) with a covering letter and your CV.