

Position Description

Job Title	Strength and Conditioning/Sport Science
Responsible to	Head of Performance
Behaviours that Build Relationships with	Players, football staff and admin staff

Job Description	
Location	Northfleet, Kent
Working pattern and work base	Full-time, voluntary Will be required to work flexible hours including evenings and weekends as required to fulfil the duties of the position
Summary	The role is to provide Ebbsfleet United FC's first team squad with support on planning, delivery and review of both individualised and group development, aligning closely with the club's framework and approach.
Objective of the role	<ul style="list-style-type: none"> <input type="checkbox"/> Support where necessary with the planning and delivery of pitch and gym based physical development programming <input type="checkbox"/> Support the medical staff with rehabilitation and return to play processes <input type="checkbox"/> Support with the collection, analysis and reporting of training and match load monitoring <input type="checkbox"/> Support the team with supervision and preparation on matchdays (GPS and additional conditioning) <input type="checkbox"/> Assist with physiological testing and screening of players throughout the season <input type="checkbox"/> Conduct internal research and reviews of training load, performance and injuries using GPS and VALD

Person Specification	
Qualifications and experiences	Currently studying towards relevant qualification in Sport Science or Strength & Conditioning Recent graduates are also welcome to apply Desirable: worked with professional athletes
Skills required	<ul style="list-style-type: none"> <input type="checkbox"/> Experience of training/rehabilitation principles and a sound understanding of rehabilitation process <input type="checkbox"/> Excellent communication skills with the ability to liaise with players, medical staff and coaches in a professional manner <input type="checkbox"/> Demonstrate consistent leadership and management skills <input type="checkbox"/> Ability to work in a high pressurised environment with a flexible approach to working hours and job role

	<ul style="list-style-type: none"><input type="checkbox"/> Attention to detail, organisation and time management skills<input type="checkbox"/> Adaptability to changing environment at short notice<input type="checkbox"/> Ability to set and maintain high personal and professional standards<input type="checkbox"/> Evidence of being a strong team player<input type="checkbox"/> Be innovative with progression of the department<input type="checkbox"/> Competent use of IT programmes and online systems<input type="checkbox"/> Ability to display key GPS data visually post sessions
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Ebbsfleet United FC strives to ensure it provides an environment where everyone's rights, dignity and individual worth is respected and takes a zero-tolerance approach to any form of discrimination. Equal Opportunity is an integral part of our recruitment and selection process, and we welcome applications from all individuals who feel they meet the core requirements of the role. All appointments will be made on merit of skill and experience relative to the role.

If you are interested in the role, please email a copy of your CV and a covering letter to careers@euafc.co.uk.